

Turkey Trot 5K 2010

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Jus' RUNNING



Asheville, NC



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Turkey Trot 5K

2010

**Get your run in and be home in time for your Turkey Day activities!
11/25/2010 9:00 AM at Carrier Park**

ENTRY FEES:

- \$25 Online until Nov. 22
- \$25 Mail In Or Drop Off at Jus Running until Nov. 24 3:00 PM
- Check or cash only for mail in, drop off, and packet pickup
- \$30 Late registration on November 25
- Packet Pickup 4 Pm to 7PM 11/24 AT Carrier Park and Day of race 7:30-8:30 AM
- Long sleeved wicking shirts guaranteed to 1st 1100 runners
- NO PETS OR BABY JOGGERS ALLOWED ON COURSE

AWARDS:

1st 3 Overall, Men and Women

Age Groups: Top 3 in each age group

| | | |
|---------|-------|-----------|
| 9&Under | 30-34 | 60-64 |
| 10-12 | 35-39 | 65-69 |
| 13-15 | 40-44 | 70-74 |
| 16-18 | 45-49 | 75 & Over |
| 19-24 | 50-54 | |
| 25-29 | 55-59 | |



Directions to French Broad River Park

From Hendersonville: Take I-26 to the I-240 interchange. Take I-240 East to the Amboy Road exit (1C). Follow Amboy Road for about a half mile and Carrier Park (old Asheville Speedway) will be on your right.

From Asheville: Take I-240 to the Brevard Road exit (1B). Take a left across the bridge and then another left back onto I-240 East. Go approximately a half-mile to the Amboy Road exit (1C). Follow Amboy Road for a half-mile and Carrier Park (old Asheville Speedway) will be on your right.

In consideration of the acceptance of the entry, I for myself, my heirs, and assigns, hereby release the sponsors, race workers, and officials of this race from any and all liability arising from illness and damages I may suffer as a result of participation in such event. I attest that I am physically fit and have sufficiently trained for this event and am aware that participation in any of these events could, in some circumstances, result in severe physical soreness or injury. I also give permission for free use of my name and picture in any broadcast/telecast or written account of the event. I understand that the entry fee I pay is NON-REFUNDABLE. Should road race officials determine that the completion of this event would be injurious to my health, I consent to be removed from the course and treated by the physician in attendance or of their direction.

Online Registration:

Go to <http://www.setupevents.com>
Click on: Other Events and then Turkey Trot 5k

Mail In Registration:

Send to:
Jus Running
523 Merrimon Ave
Asheville, NC 28804
Phone 828-252-7867
Email: jusrun@bellsouth.com
OR drop off at the store

Name: _____

Address: _____

Phone: _____

Email: _____

Date Of Birth: _____

Age on Race Day: _____

Sex: M F

Shirt Size: X-Small Small Medium Large X-Large

Signature _____

Date _____

Signature of parent or guardian if less than 18 years of age _____

Date _____