

DATE: Saturday, January 8, 2011

LOCATION: George I. Theisen Family YMCA
Community Center
***Old Travelers Rest High School**
115 Wilhelm Winter Street
Travelers Rest, SC 29690

EVENTS: 5K Run / Walk
Half Marathon
Kid's Fun Run

START TIMES: 9:00 am - 5K Run / Walk
9:15 am - Half Marathon
10:00 am - Fun Run

***please note location change**

ABOUT THE EVENT

Awards: 5K and Half Marathon

Top three overall male and female.

Top three overall male and female masters.

Top three male and female in each age group.

Medallions to Half Marathon Finishers.

Finisher Medal - Fun Run Participants.

Age groups:

5K Race:

14 and under and every 5 years to 65 +.

Half Marathon:

19 and under and every 5 years to 65 +.

Refreshments:

Water stations will be located throughout the 5K and Half Marathon courses serving water and Gatorade. Food and hot beverages will be available before and after the event in the gym.

Chip timing is provided by First Place Events.
www.firstplaceevents.com

Please no pets or strollers.

Pets are not allowed on YMCA property.

RACE PACKET PICKUP

Race packet pickup will be available at the following YMCA Branches during these hours only.

Jan. 3rd: Caine Halter YMCA ONLY.
4:00 pm - 7:00 pm

Jan. 4th: FYI Teen Center Downtown ONLY
4:00 pm - 7:00 pm

Jan. 5th: Golden Strip YMCA ONLY
4:00 pm - 7:00 pm

Jan. 6th: Eastside YMCA ONLY
4:00 pm - 7:00 pm

Jan. 7th: George I. Theisen YMCA ONLY
4:00 pm - 7:00 pm

Race Day: George I. Theisen YMCA
pick up until 8:00 am

Participants are strongly encouraged to pick up race packets prior to race day.

ENTRY FEES: All entry fees are non-transferable and non-refundable. All entries must be received by December 27 to guarantee a shirt. The YMCA is not responsible for entries received late.

Received by December 9, 2010

\$20* - Half Marathon \$15* - 5K Free - Fun Run

* add \$5 extra charge for cotton shirt or \$13 extra charge for wicking shirts.

Received between December 10 - January 7, 2010

\$30* - Half Marathon \$20* - 5K Free - Fun Run

* add \$5 extra charge for cotton shirt or \$13 extra charge for wicking shirts.

** registration must be RECEIVED by December 27th to guarantee a shirt.

Race Day Registration (no shirt guarantee)

\$45 - Half Marathon \$35 - 5K Free - Fun Run

Race Day Special

Register for the 2012 5K and Half Marathon on race day for a discounted price!

\$15 - Half Marathon \$10 - 5K

REGISTRATION

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

PHONE _____

EMAIL _____

AGE ON RACE DAY _____

GENDER

M

F

RACE EVENT
(CHECK ONE)

5K Run / Walk

Half Marathon

Fun Run

T-shirt Option
(CHECK ONE)

No Shirt

Cotton \$5*

Wicking \$13*

T-shirt Size
(CHECK ONE)

ADULT

S

M

L

XL

XXL

YOUTH

XS

S

M

L

XL

Form of Payment

Check, Money Order or Credit Card

PAYABLE TO: YMCA

SEND TO: Cindy Kavanagh or Marc McCulley

PO Box 187, Travelers Rest, SC 29690

Race Fee \$ _____ T-Shirt Fee \$ _____

Total Enclosed \$ _____

Credit Card
(CHECK ONE)

Visa

MasterCard

American Ex

Discover

CREDIT CARD NUMBER _____

NAME ON CARD _____

EXP. DATE _____

WAIVER (must be signed by participant)

I hereby release the YMCA and all other sponsors, directors, agents and volunteers from any and all claims of injury, illness or damages from participation in this event. I understand this is a strenuous activity, and I certify that I am in good physical health and condition. I accept the risk of running in traffic and understand that the registration fee is non-refundable. I give my permission for the use of my name and picture in any written or broadcast event.

X _____

ENTRANT SIGNATURE OR GUARDIAN (if under 18)