

# 2012 Firecracker 10k, 5k, and 1 Mile Fun Run



Where: Lenoir Aquatic and Fitness Center  
 Date: Saturday, June 30th, 2012  
 Start Time: 8:00 a.m. (Pre-Registration 6:30 a.m.)  
 Registration Fee: 5k&10k Pre-Registration(Post-Marked Before 6-25-12) \$15.00  
 5k&10k Late Registration(Post-Marked after 6-25-12) \$20.00  
 1 Mile Fun Run (with no pre-registration needed) \$10.00

Awards: 1st, 2nd and 3rd Overall Male and Female 5k&10k  
 1st, 2nd and 3rd in Age Groups Male and Female  
 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44,  
 45-49,50-54,55-59,60-64,65-69, 70 & Over

### COURSE DESCRIPTION:

**ALL RACES WILL BE RAN ON THE LENOIR GREENWAY**  
 1 Mile Fun Run will be ran on the Greenway Section beside  
 LAFC toward Zacks Fork RD.

### Entry Form (Please Print)

First Name \_\_\_\_\_  
 Last Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Day Phone \_\_\_\_\_  
 E-mail Address \_\_\_\_\_  
 Birthday \_\_\_\_\_ Age (On 6-30-12) \_\_\_\_\_ Sex \_\_\_\_\_  
 T-shirt Size \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

### Please Specify Adult or Youth T-Shirt Size

Event  10k  5k  1 mile family fun run

### Medical Information

List any medications you may be on:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

List allergies to medications or insect stings:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Entry Fee (Non-refundable)

5k Pre-Registration(Post-Marked Before 6-25-12) \$15.00  
 5k Late Registration(Post-Marked after 6-25-12) \$20.00  
 10k Pre-Registration(Post marked before (6-25-12)\$15.00  
 10k Late Registration(Post marked after (6-25-12)\$20.00  
 1 Mile Fun Run (with no pre-registration needed) \$10.00

Do you wish the medical personnel to be informed of any medical problems?  
 \_\_\_\_\_  
 \_\_\_\_\_

### Waiver & Release

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators, & assigns, release, & discharge the City of Lenoir, William B. Stronach Jr., Lenoir Aquatic & Fitness Center, promoters, sponsors, managers, directors, officials, agents, employees, & volunteers from any & all claims of injury or liabilities of any kind, illness, or damages suffered by me as a result of my participation in or traveling to & from this event to be held on Saturday, June 30th, 2012. I also give my permission for the free use of my name & picture in any broadcast, telecast, or written account of the event. I further state that I am in proper physical condition to participate in this race.

Have you ever dropped out during an event due to medical reasons?  
 \_\_\_\_\_  
 \_\_\_\_\_

Additional Medical Comments:  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_

Mail form & payment with check payable to:  
 City of Lenoir  
 Attn: Meleah Mikeal  
 P.O. Box 958 Lenoir, N.C. 28645  
 Phone (828) 757-2196 Fax (828) 759-1676  
[acoleman@ci.lenoir.nc.us](mailto:acoleman@ci.lenoir.nc.us)

**EVERYONE WHO ATTENDS THE RACE WILL HAVE THE OPPORTUNITY TO HAVE FREE SWIM AFTERWARDS.**

