

Special Thanks to This Year's  
Sponsors:

2012 Turkey Trot 5K:



Victor Dostrow, M.D.

Fraser-Fir  
**Christmas Wreaths**



by  
Dolly Hope

2012 Gobble Wobble  
1 Mile Fun Run:



Simplified map of course provided by MapQuest.  
Course route subject to change.

**Brand New Turkey Trot 5K course  
located at Biltmore Square Mall in  
Asheville!**

Directions to Biltmore Square Mall:

From Asheville: Take I-26 East to Exit 33. Mall is on the left.

From Hendersonville: Take I-26 West to Exit 33.

*The Leaves Are Changing, A Chill Is In The Air...  
It's That Time of The Year!*

JUS' RUNNING 2012  
**Turkey Trot 5K**

& NEW Gobble Wobble  
1 Mile Fun Run

presented by EARTHFARE

9:15am November 22

and this year...  
**A NEW LOCATION!**



Look inside for more info and  
race application

The 12th Annual Jus' Running Turkey Trot 5K presented by Earthfare is Thanksgiving Day – Thursday, November 22, 2012. This year's event starts and finishes at **Biltmore Square Mall!** Also new is a *Gobble Wobble 1 Mile Fun Run*.

**NEW COURSE & LOCATION:**

The 2012 Turkey Trot 5K, **starting at 9:15am**, will begin and end in the Biltmore Square Mall parking lot. Runners will circle the mall on a flat, fast course before taking in a shaded boulevard adjacent to the mall and returning to the finish line.

**NEW EVENT:**

This year we're adding the *Gobble Wobble 1 Mile Fun Run* sponsored by Black Orthodontics. This fun event will begin at **8:45am** and the first 100 "gobblers" are guaranteed a commemorative t-shirt. All finishers will receive a prize!

**ENTRY FEES:**

Turkey Trot 5K:

- ~ \$25 Online until November 19th
- ~ \$25 Mail-in or drop-off at Jus' Running by 3pm, November 20th
- ~ \$30 November 21st and Race Day

1 Mile Fun Run:

- ~ \$10 Mail-in or online

**Packet Pickup on Nov. 21 from 4-7pm at Earthfare in Westgate Shopping Center and Race Day 7-8:30am.**

*\*Check or cash only for mail-in, drop-off and packet pickup.*

Make checks payable to:

**Jus Running  
523 Merrimon Ave  
Asheville, NC 28804**

**FOR RACE INFORMATION:**

Phone: 828-252-7867

Email: [jusrun@jusrunning.com](mailto:jusrun@jusrunning.com)

**5K AWARDS:**

1st Three Overall Men and Women  
Top Three in Age Groups:

9 & Under	30-34	60-64
10-12	35-39	65-69
13-15	40-44	70-74
16-18	45-49	75 & Over
19-24	50-54	
25-29	55-59	

**ONLINE REGISTRATION:**

Race registration online at:

<http://www.imathlete.com/events/jusrunningturkeytrot>

For more information visit our website at:

<http://www.jusrunning.com>

**RACE DAY NEED-TO-KNOW:**

Long sleeve shirts are guaranteed to the first 1500 5K runners on race day. NO PETS allowed on course.

**2012 Jus' Running Turkey Trot 5K & Gobble Wobble 1 Mile Fun Run sponsored by Earthfare**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Age On Race Day: \_\_\_\_ Sex: M F

5K - Adult Shirt Size: Sm Med Lg XL  
(Tech - Long Sleeve)

1 Mile Fun Run -  
Adult Shirt Size: Sm Med Lg XL  
(Cotton - Short Sleeve)  
Youth Shirt Size: Sm Med Lg  
(Cotton - Short Sleeve)

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_  
if less than 18 years of age.

In consideration of the acceptance of the entry, I for myself, my heirs, and assigns, hereby release the sponsors, race workers, and officials of this race from any and all liability arising from illness and damages I may suffer as a result of participation in such event. I attest that I am physically fit and have sufficiently trained for this event and am aware that participation in any of these events could, in some circumstances, result in severe physical soreness or injury. I also give permission for free use of my name and picture in any broadcast/telecast or written account of the event. I understand that the entry fee I pay is NON-REFUNDABLE. Should road race officials determine that the completion of this event would be injurious to my health, I consent to be removed from the course and treated by the physician in attendance or of their direction.

