

Registration Information

Forms Received By May 1st

5K pre-registration: \$20.00

*5K pre-registration includes t-shirt

Fun Run/Walk pre-registration : \$10.00

*All Fun Run/Walk participants receive a medal!

*Anyone pre-registered is entered in drawing for prizes!

Forms Received May 1st through Race Day

5K registration: \$25.00

Fun Run/Walk registration : \$15.00

**LIMITED SHIRT SALES AVAILABLE ON RACE DAY
WHILE SUPPLIES LAST.**

Please submit your payment and registration forms to:

El Bethel Baptist Church

c/o 5K Run

PO Box 2518

Morganton, NC 28680

Phone: 437-0570

Email: elbetheloffice@gmail.com

Register Online at: runsignup.com

Lee Timing powered by Event Mercenaries

Race Information

Pre-Registration Packet Pick Up

*** Friday, May 16th 5:00-7:00 PM**

**El Bethel Baptist Fellowship Hall
(1669 North Green Street Morganton)**

RACE DAY

Registration Opens at 7:00 AM

Fun Run/Walk begins at 8:00 AM

5K begins at 8:30 AM

RACE LOCATION

Start and Finish at

Catawba Meadows Park

701 Sanford Drive

Morganton, NC

- **Runners Assume All Risks and Should Follow All Safety Guidelines**

AWARDS

All Fun Run/Walk participants will receive a medal. Prizes will be awarded for other various categories including top age/gender.

Race Registration

(Check one) 5K___ Fun Run/Walk___

Name_____

Address_____

City_____

State_____ Zip_____

E-Mail_____

(Check one) Male___ Female___

Age___ DOB___/___/___

If pre-registering by April 18th for 5K please indicate tech/ dri-fit shirt size (circle one):

Youth: S M L Adult:: S M L XL XXL

Emergency Contact

Name_____

Phone_____

WAIVER MUST BE FILLED OUT AND SIGNED COMPLETELY

In consideration of acceptance of this entry, I waive all claims for myself, my heirs, executors, administration and assigns against the sponsors, organizers, officials and any other persons, or organizations directly or indirectly connected with the Trechoman/Let us Run 5K and Fun Run/Walk from any and all claims for personal injuries and or property damages resulting from participation in this event. I understand and agree that photographs, films, television, or radio interviews from the event may be taken and released to the public without any compensation being paid to me, the undersigned. I hereby represent that I am 18 years of age or older, or that the person signing as parent/guardian for permission allowing that entrant to participate is the actual parent/guardian.

This is a release. Read carefully before signing.

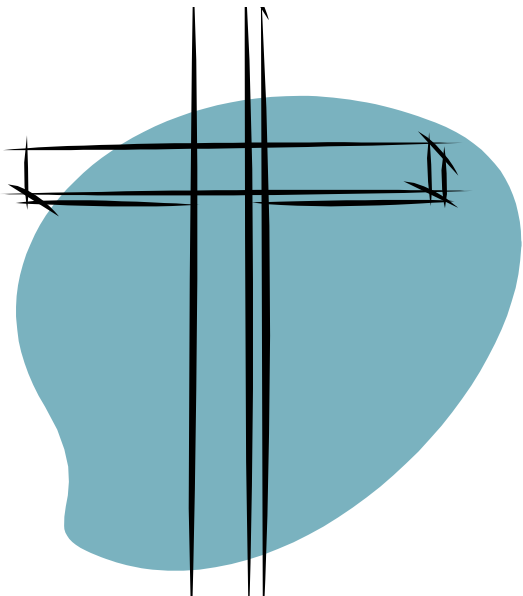
Applicant

Signature

Parent/Guardian

Parent/Guardian Signature

Date___/___/___



Hebrews 12:1-2

“...Let us run with perseverance
the race marked out before us,
fixing our eyes on Jesus...”

To Benefit

El Bethel Youth

Haiti Medical Missions

Change This World

Pregnancy Care Center of
Morganton

PLACE
STAMP
HERE

El Bethel Baptist Church
PO Box 2518
Morganton, NC 28680

