

The 14<sup>th</sup> Annual Jus' Running Turkey Trot 5K and Gobble Wobble 1 Mile Fun Run presented by Earth Fare is Thanksgiving Day- Thursday, November 27, 2014. Part of the proceeds will be donated to MANNA FoodBank. This year's event starts and finishes at **Pack Square Park!**

**NEW COURSE & LOCATION**

The 2014 Turkey Trot 5K, **starting at 9:15**, will begin and end at **Pack Square Park.**

**FUN RUN**

This year the 3<sup>rd</sup> Annual *Gobble Wobble 1 Mile Fun Run* is sponsored by Earth Fare. The fun run will begin at **8:30 am** and the first 125 "gobblers" are guaranteed a commemorative T-shirt. All finishers will receive a prize!

**ENTRY FEES**

**Turkey Trot 5K:**

- \$20 Aug. 19 thru Sept 8
- \$25 Sept 9 thru Oct 13
- \$30 Oct 14 thru Nov 17
- \$35 Nov. 18 to Race Day

**Gobble Wobble:**

- \$12 mail-in or online
- Mail-in Deadline Nov 21**  
**Walk-in Deadline Nov 25**

**Packet Pickup on Nov. 26 from 4-7pm at Earth Fare in WestgateShopping Center and Race Day 7-8:30am.**

**Entry fee is non-refundable.**

**\*Check or cash for mail-in, drop-off, and packet pickup.**

Make checks payable to:

**Jus' Running**  
**523 Merrimon Ave.**  
**Asheville, NC 28804**

**FOR RACE INFORMATION**

Phone: (828) 252-7867  
Email: jusrun@jusrunning.com

**5K AWARDS**

1<sup>st</sup> Three Overall Men and Women  
 1<sup>st</sup> Place Masters Men and Women  
 Top Three in Age Groups:

<i>9 &amp; Under</i>	<i>30-34</i>	<i>60-64</i>
<i>10-12</i>	<i>35-39</i>	<i>65-69</i>
<i>13-15</i>	<i>40-44</i>	<i>65-69</i>
<i>16-18</i>	<i>45-49</i>	<i>75 &amp; Over</i>
<i>19-24</i>	<i>50-54</i>	
<i>25-29</i>	<i>55-59</i>	

**ONLINE REGISTRATION**

Register online Active.com  
<https://endurancecui.active.com/event-reg/select-race?e=10084852>

For more information visit our website at:  
[jusrunning.com](http://jusrunning.com) or  
[AshevilleTurkeyTrot.com](http://AshevilleTurkeyTrot.com)

**Online Deadline 11-25-14**

**RACE DAY NEED-TO-KNOW**

Long sleeve shirts are guaranteed to the first 1500 5K runners on race day.  
**NO PETS allowed on course.**

**2014 Jus' Running Turkey Trot & Gobble Wobble 1 Mile Fun Run, sponsored by Earth Fare**  
**(All items below required)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Age on Race Day: \_\_\_\_ Sex: M F

5K – Adult Shirt Size: Sm Med Lg XL  
(Tech – Long Sleeve)

1 Mile Gobble Wobble  
Adult Shirt Size: Sm Med Lg XL  
(Cotton – Short Sleeve)  
Youth Shirt Size: Sm Med Lg XL  
(Cotton – Short Sleeve)

\_\_\_\_\_  
Participate Date

\_\_\_\_\_  
Signature of Parent or Guardian Date  
if under 18 years of age.

In consideration of the acceptance of the entry, I for myself, my heirs and assigns, hereby release the sponsors, race workers, and officials of this race from any and all liability arising from illness and damages I may suffer as a result of participation in such event. I attest that I am physically fit and have sufficiently trained for this event and am aware that participation in any of these events could, in some circumstances, result in severe physical soreness or injury. I also give permission for free use of my name and picture in any broadcast/telecast or written account of the event. I understand that the entry fee I pay is **NON-REFUNDABLE**. Should road race officials determine that the completion of this event would be injurious to my health, I consent to be removed from the course and treated by the physician in attendance or of their direction.





# Turkey Trot 5K and Gobble Wobble 1 Mile Fun Run 2013

***Get your run in and be home in  
time for your Turkey Day activities!***

Jus' RUNNING



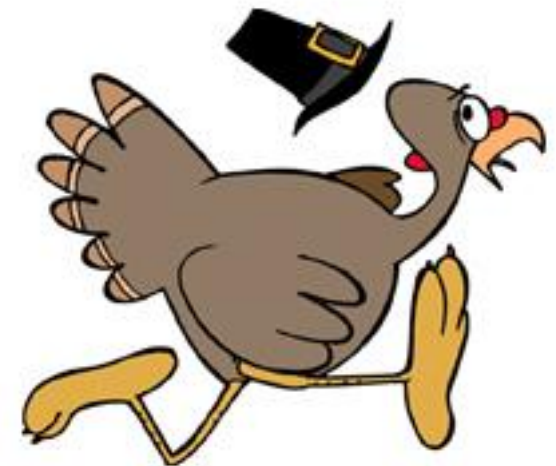
Asheville, NC



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*Thanks to our limited sponsor:*  
**Victor G. Dostrow MD**



**November 28, 2013  
9:00 AM**

***A JUS' RUNNING EVENT***