



SOUPER BOWL 5K Fun Run

This 5k is sponsored by HIS DAILY BREAD COMMUNITY MINISTRIES, a nonprofit Christian ministry that serves free meals every Thursday night to anyone in need. HIS DAILY BREAD COMMUNITY MINISTRIES is a collaboration of local church members striving to meet the needs of our Harnett County community by feeding the hungry, providing job training, and connecting people to local churches.

Date/Time: Saturday, January 31, 2015 at 2:00pm

Location: Coats United Methodist Church
288 E South Street, Coats, NC 27521

Entry Fee: \$25 up to and including January 18
\$30 after January 18 and including race day

Make checks payable to: His Daily Bread Community Ministries
Send to: PO Box 149 Coats, NC 27521

For more information: Contact Jen Bart at soupkitchen5k@gmail.com
Register online: www.runnc.com

Kids 1/2 Mile Fun Run

- Approximately 1 hour after start of 5k
- Register on race day
- Free and donations are accepted

Please Print Clearly (One entry per participant; form may be copied)

Name: _____ Gender: M F (circle one) Age on race day : _____

Address: _____ City/State/Zip: _____

Phone: (____) _____ Email: _____

Event: (circle one) 5K Competitive Run-chip timed 5K Recreational Run/Walk-not timed

T-Shirt Size (circle one) Adult: S M L XL XXL* Youth: S M L

T-shirts are guaranteed to those entered by Jan. 18.
Additional t-shirts will be available while supplies last.

*There will be an additional \$2 charge for size XXL that can be paid on race day.

WAIVER (must be signed) In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against His Daily Bread Community Ministries, the Coats United Methodist Church, Town of Coats, Young and Associates, the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this even as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion. Dogs are not permitted. Strollers are welcome.

Signature of Participant: _____ Date: _____
(If participant is under 18, a parent signature is also required.)

Signature of Parent/Guardian: _____ Date: _____