

Frigid 5K

Race Date

February 14, 2015

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Cody Hodgins	Cornelius NC	1403	25	M	1/58 25-29	15:10.7	3:02/K	
2	Landon Maxwell	Alexis NC	806	14	M	1/21 0-14	16:12.0	3:14/K	1:01.3
3	Yannick Fischbach	Simpsonville SC	1173	23	M	1/26 20-24	16:48.8	3:22/K	1:38.1
4	Cory Sundeen	Charlotte NC	1413	44	M	1/35 40-44	17:15.0	3:27/K	2:04.2
5	Karen Aschenbrenner	Charlotte NC	1349	48	F	1/19 45-49	17:57.0	3:35/K	
6	Janet Barry	Charlotte NC	789	24	F	1/43 20-24	18:05.1	3:37/K	0:08.1
7	Peters Michael	Mooresville NC	1411	27	M	2/58 25-29	18:09.0	3:38/K	2:58.3
8	Zachary Hughes	Waxhaw NC	1386	31	M	1/65 30-34	18:27.0	3:41/K	3:16.3
9	Troy Lee	Charlotte NC	1362	28	M	3/58 25-29	18:40.9	3:44/K	3:30.1
10	Jake Elabdellaoui	Charlotte NC	1056	15	M	1/13 15-19	18:56.8	3:47/K	3:46.0
11	Paul Halaburda	Charlotte NC	1079	34	M	2/65 30-34	19:07.7	3:49/K	3:57.0
12	Molly Dedmon	Charlotte NC	1131	26	F	1/80 25-29	19:12.9	3:50/K	1:15.9
13	Carolyn Maye	Waxhaw NC	1107	26	F	2/80 25-29	19:15.5	3:51/K	1:18.4
14	Brian Granger Granger	charlotte NC	1166	29	M	4/58 25-29	19:20.5	3:52/K	4:09.7
15	Gregg Garrison	Cornelius NC	1328	39	M	1/45 35-39	19:23.4	3:53/K	4:12.6
16	Anthony Perry	Washington DC	817	33	M	3/65 30-34	19:26.6	3:53/K	4:15.8
17	Dean Otto	Charlotte NC	1078	49	M	1/17 45-49	19:27.3	3:53/K	4:16.6
18	John Callis	Charlotte NC	1408	21	M	2/26 20-24	19:41.7	3:56/K	4:30.9
19	GARRETT NELSON	charlotte NC	1277	45	M	2/17 45-49	19:42.9	3:56/K	4:32.1
20	Zachary Dawson	Huntersville NC	855	16	M	2/13 15-19	19:45.7	3:57/K	4:34.9
21	erick rose	cherryville NC	1017	41	M	2/35 40-44	19:49.5	3:58/K	4:38.7
22	Matthew Prokop	DUNCANSVILLE PA	1209	21	M	3/26 20-24	19:51.9	3:58/K	4:41.1
23	Wyatt Novak	Charlotte NC	865	14	M	2/21 0-14	19:52.1	3:58/K	4:41.3
24	Donald Randy	Charlotte NC	1400	30	M	4/65 30-34	19:54.3	3:59/K	4:43.5
25	Ian Kirkpatrick	Gastonia NC	1178	15	M	3/13 15-19	19:57.5	3:59/K	4:46.7
26	Mindy Stull	Troutman NC	1278	21	F	2/43 20-24	20:13.2	4:03/K	2:16.1
27	John Angelesco	Charlotte NC	790	22	M	4/26 20-24	20:15.1	4:03/K	5:04.4
28	Kirk Pinska	Concord NC	1138	50	M	1/15 50-54	20:19.7	4:04/K	5:08.9
29	Kevin List	Charlotte NC	810	31	M	5/65 30-34	20:23.1	4:05/K	5:12.3
30	Brian Niekraas	Charlotte NC	926	40	M	3/35 40-44	20:24.6	4:05/K	5:13.9
31	Jackson	Cornelius NC	1407	16	M	4/13 15-19	20:24.7	4:05/K	5:13.9
32	Jacob Cannegieter	Charlotte NC	1331	39	M	2/45 35-39	20:30.0	4:06/K	5:19.2
33	Dylan Boyle	Greenville SC	868	23	M	5/26 20-24	20:34.3	4:07/K	5:23.6
34	Richard Ayers	mooreville NC	800	52	M	2/15 50-54	20:40.2	4:08/K	5:29.5
35	Max Burger	charlotte NC	1021	15	M	5/13 15-19	20:44.4	4:09/K	5:33.6
36	levi whittal		1421	17	M	6/13 15-19	20:47.7	4:09/K	5:36.9
37	Alexandra Ramsey	Rock Hill SC	1172	22	F	3/43 20-24	20:55.6	4:11/K	2:58.6
38	Amanda Iannello	Charlotte NC	1156	29	F	3/80 25-29	21:02.0	4:12/K	3:05.0
39	Greg Wilson	Huntersville NC	1282	32	M	6/65 30-34	21:05.8	4:13/K	5:55.1
40	Wayne Moyers	Mount Holly NC	1322	27	M	5/58 25-29	21:07.3	4:13/K	5:56.5
41	Liam Huddy	Huntersville NC	846	16	M	7/13 15-19	21:10.1	4:14/K	5:59.3
42	Jacob Hilton	Charlotte NC	1289	28	M	6/58 25-29	21:11.4	4:14/K	6:00.7
43	Kent Lloyd	Charlotte NC	917	26	M	7/58 25-29	21:11.5	4:14/K	6:00.8
44	Alice Magnani	Charlotte NC	831	15	F	1/16 15-19	21:14.4	4:15/K	3:17.3
45	Nicholas Pienta	Charlotte NC	1257	19	M	8/13 15-19	21:15.5	4:15/K	6:04.8
46	Max Elabdellaoui	Charlotte NC	952	13	M	3/21 0-14	21:18.4	4:16/K	6:07.7
47	Darren Jones	Conover NC	1194	37	M	3/45 35-39	21:19.3	4:16/K	6:08.5

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48	Judd Glasco	Fort mill SC	1213	33	M	7/65 30-34	21:26.3	4:17/K	6:15.6
49	Jason Fishkin	Matthews NC	978	24	M	6/26 20-24	21:28.7	4:18/K	6:17.9
50	Adam Zelsdorf	Charlotte NC	837	31	M	8/65 30-34	21:32.0	4:18/K	6:21.3
51	Chris Allman	charlotte NC	1219	24	M	7/26 20-24	21:33.7	4:19/K	6:22.9
52	Kevin Dorst	Charlotte NC	1273	37	M	4/45 35-39	21:36.3	4:19/K	6:25.5
53	Kevin Spain	Charlotte NC	1204	28	M	8/58 25-29	21:40.2	4:20/K	6:29.5
54	michelle shope	newton NC	900	43	F	1/21 40-44	21:43.4	4:21/K	3:46.4
55	Nate Sapoch	Shelby NC	1269	29	M	9/58 25-29	21:45.6	4:21/K	6:34.8
56	Corey Estep	Columbus GA	1281	25	M	10/58 25-29	21:47.8	4:21/K	6:37.1
57	Bruce Adams	Alexis NC	1024	55	M	1/7 55-99	21:48.7	4:22/K	6:38.0
58	Dan Barrett	Gastonia NC	997	25	M	11/58 25-29	21:50.4	4:22/K	6:39.7
59	Matthew Kurzen	Huntersville NC	793	29	M	12/58 25-29	21:50.7	4:22/K	6:39.9
60	bob spence	matthews NC	1014	50	M	3/15 50-54	21:52.0	4:22/K	6:41.2
61	Austin Alexander	Charlotte NC	1416	24	F	4/43 20-24	22:00.1	4:24/K	4:03.0
62	Wes Dunaway		1417	34	M	9/65 30-34	22:03.4	4:25/K	6:52.6
63	Kyle Stickley	Charlotte NC	1284	27	M	13/58 25-29	22:04.5	4:25/K	6:53.7
64	Daniel Heilig	charlotte NC	1191	27	M	14/58 25-29	22:08.1	4:26/K	6:57.3
65	Mike Flanigan	Charlotte NC	957	29	M	15/58 25-29	22:09.7	4:26/K	6:59.0
66	Clint Byrd	Charlotte NC	998	33	M	10/65 30-34	22:10.6	4:26/K	6:59.9
67	Gustave Pizzuto	Aiken SC	1382	30	M	11/65 30-34	22:24.6	4:29/K	7:13.8
68	Lauren Rattenbury	Kannapolis NC	805	16	F	2/16 15-19	22:36.2	4:31/K	4:39.1
69	Greyson Kines	Belmont NC	1293	8	M	4/21 0-14	22:36.5	4:31/K	7:25.7
70	Gordon Wikle	Matthews NC	1110	33	M	12/65 30-34	22:37.7	4:31/K	7:26.9
71	Matt Thompson	Charlotte NC	802	34	M	13/65 30-34	22:39.4	4:32/K	7:28.6
72	jeff lak	MT HOLLY NC	931	37	M	5/45 35-39	22:39.6	4:32/K	7:28.8
73	Scott Lemos	Charlotte NC	1098	43	M	4/35 40-44	22:42.5	4:32/K	7:31.8
74	Zachary Higgins	Asheboro NC	1100	22	M	8/26 20-24	22:44.1	4:33/K	7:33.3
75	thomas novak	charlotte NC	909	25	M	16/58 25-29	22:45.2	4:33/K	7:34.5
76	hunter woods		1420	15	M	9/13 15-19	22:47.8	4:33/K	7:37.0
77	Jared Hanson	Fort Mill SC	996	37	M	6/45 35-39	22:48.6	4:34/K	7:37.8
78	James Wilkinson	Charlotte NC	883	28	M	17/58 25-29	22:53.5	4:35/K	7:42.8
79	Josh Glasco	Fort Mill SC	1215	31	M	14/65 30-34	22:53.9	4:35/K	7:43.2
80	Megan Granger	Charlotte NC	1165	29	F	4/80 25-29	23:03.3	4:37/K	5:06.3
81	Ed Coletti	Newton NC	1195	34	M	15/65 30-34	23:05.9	4:37/K	7:55.1
82	WILLIAM MILLER	GREENSBORO NC	1377	13	M	5/21 0-14	23:07.4	4:37/K	7:56.7
83	Matt Dubyoski	Charlotte NC	848	28	M	18/58 25-29	23:08.5	4:38/K	7:57.7
84	David Danforth	Charlotte NC	807	46	M	3/17 45-49	23:09.1	4:38/K	7:58.3
85	Jordan Doolittle	Charlotte NC	935	26	M	19/58 25-29	23:09.4	4:38/K	7:58.6
86	Corey Eaton	Charlotte NC	1007	35	M	7/45 35-39	23:10.0	4:38/K	7:59.3
87	Hailey Mathison	Matthews NC	1217	24	F	5/43 20-24	23:17.1	4:39/K	5:20.1
88	John Kines	Belmont NC	930	37	M	8/45 35-39	23:22.8	4:40/K	8:12.0
89	Amanda Orr	Waxhaw NC	863	39	F	1/31 35-39	23:23.4	4:41/K	5:26.4
90	Leigh Northrup	Concord NC	956	40	M	5/35 40-44	23:24.7	4:41/K	8:13.9
91	Mark Heckel	Gastonia NC	1054	44	M	6/35 40-44	23:27.9	4:41/K	8:17.1
92	Paul Borowicz	Charlotte NC	947	24	M	9/26 20-24	23:27.9	4:41/K	8:17.1
93	Scott Addison	Charlotte NC	1004	39	M	9/45 35-39	23:28.8	4:42/K	8:18.1
94	Jeannette Pantani	Charlotte NC	1314	47	F	2/19 45-49	23:28.9	4:42/K	5:31.9

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95	Edward Przewdecki	Charlotte NC	821	29	M	20/58 25-29	23:29.9	4:42/K	8:19.1
96	Nicholas Ertel	Charlotte NC	811	26	M	21/58 25-29	23:30.0	4:42/K	8:19.3
97	Bryan Luther	Fort Mill SC	941	28	M	22/58 25-29	23:30.6	4:42/K	8:19.8
98	James Foster	Charlotte NC	1199	27	M	23/58 25-29	23:33.0	4:43/K	8:22.2
99	Rachel Rosinski	Huntersville NC	1248	36	F	2/31 35-39	23:33.8	4:43/K	5:36.7
100	Brad Miller	GREENSBORO NC	1380	41	M	7/35 40-44	23:36.4	4:43/K	8:25.6
101	Edward Pillow	Bessemer City NC	1405	42	M	8/35 40-44	23:39.3	4:44/K	8:28.5
102	Ethan Ebbighausen	Raleigh NC	985	12	M	6/21 0-14	23:39.4	4:44/K	8:28.7
103	Lee Schenck	Lexington NC	1212	58	M	2/7 55-99	23:41.9	4:44/K	8:31.1
104	Brett Wilkinson	Matthews NC	968	24	M	10/26 20-24	23:45.4	4:45/K	8:34.6
105	Megan Rupp	Statesville NC	1383	17	F	3/16 15-19	23:46.1	4:45/K	5:49.1
106	Jesse Cunningham	Charlotte NC	1271	23	M	11/26 20-24	23:50.0	4:46/K	8:39.2
107	Omar Paulino	Charlotte NC	1011	20	M	12/26 20-24	23:50.6	4:46/K	8:39.8
108	Nicole Ellis	Charlotte NC	1106	29	F	5/80 25-29	23:56.9	4:47/K	5:59.8
109	Lauren Bennett	Charlotte NC	913	24	F	6/43 20-24	23:58.0	4:48/K	6:01.0
110	Peter Fulton	Charlotte NC	1162	29	M	24/58 25-29	23:58.1	4:48/K	8:47.3
111	Timothy Bush	Cornelius NC	1256	38	M	10/45 35-39	24:02.1	4:48/K	8:51.3
112	Jake Stout	Matthews NC	1285	50	M	4/15 50-54	24:06.8	4:49/K	8:56.0
113	Stephanie Jacobs	Concord NC	851	28	F	6/80 25-29	24:07.4	4:49/K	6:10.3
114	Scott Green	Inman SC	1234	28	M	25/58 25-29	24:12.6	4:50/K	9:01.8
115	Trey Knight	Charlotte NC	1163	34	M	16/65 30-34	24:12.7	4:50/K	9:01.9
116	Dulce Giermanski	Belmont NC	951	20	F	7/43 20-24	24:18.0	4:52/K	6:21.0
117	Elizabeth Northrup	Concord NC	955	40	F	2/21 40-44	24:18.2	4:52/K	6:21.2
118	Kristen Dukes	monkton MD	1050	22	F	8/43 20-24	24:18.6	4:52/K	6:21.6
119	Kelly Mullican	Charlotte NC	905	25	F	7/80 25-29	24:19.3	4:52/K	6:22.3
120	Steven Cow	Aiken SC	1409	47	M	4/17 45-49	24:24.9	4:53/K	9:14.2
121	Will Borin	Charlotte NC	1414	18	M	10/13 15-19	24:25.0	4:53/K	9:14.2
122	audrey trollinger	Charlotte NC	788	17	F	4/16 15-19	24:25.1	4:53/K	6:28.1
123	Julie Steveson	Charlotte NC	915	25	F	8/80 25-29	24:28.5	4:54/K	6:31.4
124	Ronald Rhodes	Bessemer City NC	969	39	M	11/45 35-39	24:30.1	4:54/K	9:19.3
125	Kyle Davidson	Kannapolis NC	1406	26	M	26/58 25-29	24:30.7	4:54/K	9:19.9
126	Anna Thompson	Charlotte NC	1393	24	F	9/43 20-24	24:31.1	4:54/K	6:34.0
127	Michael Better	Charlotte NC	1318	41	M	9/35 40-44	24:31.3	4:54/K	9:20.5
128	Jessica Wynblatt	Mooresville NC	979	14	F	1/16 0-14	24:34.5	4:55/K	6:37.4
129	Chris Muryn	Charlotte NC	1265	30	M	17/65 30-34	24:34.6	4:55/K	9:23.8
130	Dakota Swaney	Liberty NC	1099	20	M	13/26 20-24	24:35.5	4:55/K	9:24.8
131	Rachel Harden	Charlotte NC	1184	26	F	9/80 25-29	24:36.0	4:55/K	6:39.0
132	Randy Cockerham	Charlotte NC	1130	61	M	3/7 55-99	24:37.7	4:55/K	9:27.0
133	christian hunt	Charlotte NC	1164	25	M	27/58 25-29	24:40.3	4:56/K	9:29.5
134	Chris Chandler	Charlotte NC	1179	34	M	18/65 30-34	24:40.3	4:56/K	9:29.6
135	Jarrett Hunt	Charlotte NC	1197	35	M	12/45 35-39	24:40.5	4:56/K	9:29.7
136	Kyle Yonce	Charlotte NC	1332	31	M	19/65 30-34	24:41.2	4:56/K	9:30.4
137	Stephanie Kelly	Charlotte NC	1020	23	F	10/43 20-24	24:43.1	4:57/K	6:46.0
138	Kaleb Greenan	Fort Mill SC	901	37	M	13/45 35-39	24:44.7	4:57/K	9:34.0
139	Barnaby Keller	Cornelius NC	1391	39	M	14/45 35-39	24:49.4	4:58/K	9:38.7
140	kelly robinson	huntersville NC	862	36	M	15/45 35-39	24:49.8	4:58/K	9:39.0
141	Alysha Demeri	Charlotte NC	1149	25	F	10/80 25-29	24:54.7	4:59/K	6:57.7

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142	Ken Mikami	Charlotte NC	989	31	M	20/65 30-34	24:56.4	4:59/K	9:45.6
143	Savannah Sill	Fort Mill SC	902	23	F	11/43 20-24	25:00.5	5:00/K	7:03.4
144	Monique Ryan	Charlotte NC	876	29	F	11/80 25-29	25:03.7	5:01/K	7:06.6
145	Leslie Lewis	Greenville NC	1397	35	F	3/31 35-39	25:04.5	5:01/K	7:07.5
146	Ian Baker	charlotte NC	819	16	M	11/13 15-19	25:05.0	5:01/K	9:54.2
147	Samantha Smith	Albemarle NC	892	30	F	1/36 30-34	25:07.6	5:01/K	7:10.6
148	Holly Horton	Norwood NC	891	42	F	3/21 40-44	25:07.6	5:01/K	7:10.6
149	Jason Bree	Charlotte NC	911	24	M	14/26 20-24	25:07.9	5:01/K	9:57.2
150	John Elkins	charlotte NC	914	26	M	28/58 25-29	25:08.1	5:02/K	9:57.4
151	Anna Lampley	Monroe NC	963	28	F	12/80 25-29	25:10.9	5:02/K	7:13.9
152	Elizabeth Angstadt	Charlotte NC	1337	31	F	2/36 30-34	25:11.1	5:02/K	7:14.1
153	Ashley Warren	Dallas NC	977	39	F	4/31 35-39	25:13.1	5:03/K	7:16.1
154	Grayson Shephard	Charlotte NC	1182	26	M	29/58 25-29	25:14.1	5:03/K	10:03.3
155	Greg Badway	Huntersville NC	1032	48	M	5/17 45-49	25:15.2	5:03/K	10:04.5
156	Alex Iagnocco	Raleigh NC	932	24	M	15/26 20-24	25:16.5	5:03/K	10:05.8
157	Amanda Lampley	Monroe NC	1018	32	F	3/36 30-34	25:16.9	5:03/K	7:19.9
158	Christopher Heckel	Gastonia NC	1055	13	M	7/21 0-14	25:17.3	5:03/K	10:06.6
159	Terez Malka	Charlotte NC	1205	33	F	4/36 30-34	25:17.3	5:03/K	7:20.3
160	Alexander Jones	Rock Hill SC	1404	14	M	8/21 0-14	25:18.1	5:04/K	10:07.4
161	Dustin Stancil	Waxhaw NC	1136	35	M	16/45 35-39	25:19.3	5:04/K	10:08.5
162	Jennifer Muckley	Huntersville NC	1137	31	F	5/36 30-34	25:19.4	5:04/K	7:22.3
163	Erin McNeely	Charlotte NC	1210	24	F	12/43 20-24	25:19.8	5:04/K	7:22.8
164	Catie Collins	Charlotte NC	849	27	F	13/80 25-29	25:20.0	5:04/K	7:23.0
165	Matt Hovis	Lincolnton NC	1254	26	M	30/58 25-29	25:21.0	5:04/K	10:10.3
166	lindsay wise	Charlotte NC	1109	33	F	6/36 30-34	25:21.0	5:04/K	7:24.0
167	Caitlin Ormond	Mooresville NC	869	14	F	2/16 0-14	25:25.6	5:05/K	7:28.5
168	Laura Jepsen	Charlotte NC	1207	24	F	13/43 20-24	25:28.8	5:06/K	7:31.8
169	Victor Bukowski	Charlotte NC	1208	26	M	31/58 25-29	25:28.8	5:06/K	10:18.1
170	isabel radebaugh	Lincolnton NC	1049	13	F	3/16 0-14	25:32.6	5:06/K	7:35.5
171	John Hall	Charlotte NC	1402	44	M	10/35 40-44	25:32.6	5:06/K	10:21.8
172	Madeline Morgan	Charlotte NC	803	24	F	14/43 20-24	25:32.8	5:06/K	7:35.7
173	Sean Ryan	Charlotte NC	877	37	M	17/45 35-39	25:34.1	5:07/K	10:23.3
174	Ryan Bowerize	Charlotte NC	1063	31	M	21/65 30-34	25:41.3	5:08/K	10:30.6
175	Melissa Budd	Charlotte NC	991	26	F	14/80 25-29	25:42.2	5:08/K	7:45.2
176	Ryne Carson	Charlotte NC	854	24	M	16/26 20-24	25:45.2	5:09/K	10:34.4
177	Jerrell Swepson	Matthews NC	844	29	M	32/58 25-29	25:47.8	5:09/K	10:37.0
178	Jack Fernandez	charlotte NC	954	14	M	9/21 0-14	25:48.1	5:10/K	10:37.3
179	Matt Weber	Charlotte NC	1066	14	M	10/21 0-14	25:50.1	5:10/K	10:39.3
180	Josh Greene	Charlotte NC	1351	30	M	22/65 30-34	25:51.1	5:10/K	10:40.4
181	Iker Maruri	Belmont NC	1253	36	M	18/45 35-39	25:52.4	5:10/K	10:41.6
182	Jennifer Leung	Charlotte NC	1283	26	F	15/80 25-29	25:52.9	5:10/K	7:55.9
183	samantha vodopia	Acworth GA	1226	22	F	15/43 20-24	25:53.3	5:11/K	7:56.3
184	Paul Bronkhorst	Charlotte NC	1186	40	M	11/35 40-44	25:53.7	5:11/K	10:43.0
185	Natalie Otoya	Charlotte NC	1368	32	F	7/36 30-34	25:53.9	5:11/K	7:56.9
186	Ryan McGrann	Charlotte NC	1367	31	M	23/65 30-34	25:54.4	5:11/K	10:43.6
187	Brad Linkenhoker	Charlotte NC	1330	33	M	24/65 30-34	25:54.7	5:11/K	10:44.0
188	James Thullbery	Charlotte NC	1261	31	M	25/65 30-34	25:56.9	5:11/K	10:46.2

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189	Diette Nazario	Charlotte NC	1260	38	F	5/31 35-39	25:57.1	5:11/K	8:00.1
190	david page	concord NC	1227	25	M	33/58 25-29	25:57.9	5:11/K	10:47.1
191	Jenny Eastman	Charlotte NC	1203	42	F	4/21 40-44	25:58.4	5:12/K	8:01.4
192	DANIEL EGGE	lake wylie SC	988	28	M	34/58 25-29	26:01.0	5:12/K	10:50.3
193	Megan McFarling	hope mills NC	1280	26	F	16/80 25-29	26:08.7	5:14/K	8:11.7
194	Jarrid Danburg	Charlotte NC	879	35	M	19/45 35-39	26:10.5	5:14/K	10:59.7
195	Gary Nash	York SC	1365	52	M	5/15 50-54	26:11.3	5:14/K	11:00.5
196	Laura Dunlap	Charlotte NC	808	41	F	5/21 40-44	26:12.4	5:14/K	8:15.4
197	Sierra frank	rock hill SC	1044	25	F	17/80 25-29	26:14.4	5:15/K	8:17.4
198	Conrad Martin	Shelby NC	949	48	M	6/17 45-49	26:14.8	5:15/K	11:04.0
199	macy shelton	charlotte NC	973	16	F	5/16 15-19	26:16.2	5:15/K	8:19.2
200	John Deleski	Charlotte NC	1236	44	M	12/35 40-44	26:17.1	5:15/K	11:06.4
201	jeff shelton	charlotte NC	972	51	M	6/15 50-54	26:17.2	5:15/K	11:06.4
202	Lucas Crumpton	Charlotte NC	1031	25	M	35/58 25-29	26:18.8	5:16/K	11:08.1
203	Kayla Prince	Indian Trail NC	1077	14	F	4/16 0-14	26:20.3	5:16/K	8:23.3
204	Matt Arnold		1419	27	M	36/58 25-29	26:20.9	5:16/K	11:10.1
205	Karl Wagner	Charlotte NC	799	32	M	26/65 30-34	26:22.7	5:16/K	11:11.9
206	Brendan O'Donnell	Charlotte NC	1211	40	M	13/35 40-44	26:23.9	5:17/K	11:13.1
207	Robert Repass Jr	Mooresville NC	1335	50	M	7/15 50-54	26:25.8	5:17/K	11:15.1
208	Laurel Eberle	Cornelius NC	1298	24	F	16/43 20-24	26:26.1	5:17/K	8:29.1
209	Daniel Abbott	Charlotte NC	1071	9	M	11/21 0-14	26:26.6	5:17/K	11:15.8
210	Zachary Spicer	Charlotte NC	1081	9	M	12/21 0-14	26:27.7	5:17/K	11:16.9
211	Lisa Brannan	Stanley NC	1329	48	F	3/19 45-49	26:28.2	5:18/K	8:31.2
212	joseph post	indian trail NC	878	28	M	37/58 25-29	26:28.7	5:18/K	11:17.9
213	Darek Burns	Mint Hill NC	895	41	M	14/35 40-44	26:31.5	5:18/K	11:20.8
214	Courtney Fulton	Charlotte NC	1161	28	F	18/80 25-29	26:32.8	5:18/K	8:35.8
215	Keith Burns	Charlotte NC	860	35	M	20/45 35-39	26:36.6	5:19/K	11:25.8
216	Timothy Hall	Charlotte NC	916	42	M	15/35 40-44	26:37.6	5:19/K	11:26.9
217	Rich Angstadt	Charlotte NC	1336	35	M	21/45 35-39	26:38.1	5:20/K	11:27.4
218	greg martisauski	charlotte NC	1338	40	M	16/35 40-44	26:38.3	5:20/K	11:27.6
219	Melissa Brown	Charlotte NC	1372	40	F	6/21 40-44	26:39.4	5:20/K	8:42.4
220	Bridget McClellan	Huntersville NC	1039	30	F	8/36 30-34	26:39.5	5:20/K	8:42.5
221	jeff smith	charlotte NC	898	49	M	7/17 45-49	26:40.8	5:20/K	11:30.0
222	Delton Mason	Rock Hill SC	942	33	M	27/65 30-34	26:44.4	5:21/K	11:33.7
223	Robert Evans	Charlotte NC	1057	31	M	28/65 30-34	26:45.1	5:21/K	11:34.4
224	Cait Baker	charlotte NC	820	22	F	17/43 20-24	26:47.1	5:21/K	8:50.0
225	Mike Baker	charlotte NC	812	50	M	8/15 50-54	26:48.4	5:22/K	11:37.7
226	Andi Fitzgibbon	Stow OH	1084	24	F	18/43 20-24	26:54.2	5:23/K	8:57.2
227	Kaci Fitzgibbon	Kent OH	1085	21	F	19/43 20-24	26:54.4	5:23/K	8:57.3
228	Alex Kalouris	Charlotte NC	1401	27	M	38/58 25-29	26:55.9	5:23/K	11:45.1
229	Christine Cockerham	Charlotte NC	1129	53	F	1/4 50-54	26:59.1	5:24/K	9:02.1
230	Jaclyn Paryz	Huntersville NC	798	29	F	19/80 25-29	26:59.5	5:24/K	9:02.5
231	Kim White	Charlotte NC	1090	25	F	20/80 25-29	27:05.6	5:25/K	9:08.6
232	Anthony Darr	Charlotte NC	933	34	M	29/65 30-34	27:07.6	5:25/K	11:56.9
233	Robert Barden	Charlotte NC	1134	40	M	17/35 40-44	27:12.7	5:26/K	12:02.0
234	Jim Garnham	Charlotte NC	1135	30	M	30/65 30-34	27:12.8	5:26/K	12:02.0
235	paula martisauski	charlotte NC	1339	36	F	6/31 35-39	27:14.1	5:27/K	9:17.1

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236	Gordon Semeniuk	Charlotte NC	922	55	M	4/7 55-99	27:21.1	5:28/K	12:10.3
237	Brian Robinson	Belmont NC	1180	33	M	31/65 30-34	27:22.7	5:28/K	12:11.9
238	Matthew Dolan	Charlotte NC	1183	26	M	39/58 25-29	27:22.8	5:28/K	12:12.0
239	Nate Eichinger	Huntersville NC	856	27	M	40/58 25-29	27:24.4	5:29/K	12:13.7
240	Clay Hamrick	Mount holly NC	1052	32	M	32/65 30-34	27:25.0	5:29/K	12:14.2
241	Sara Eichinger	Huntersville NC	857	27	F	21/80 25-29	27:25.2	5:29/K	9:28.2
242	Jodi Wynblatt	Mooresville NC	980	46	F	4/19 45-49	27:25.4	5:29/K	9:28.4
243	Eric Smallwood	Concord NC	1292	29	M	41/58 25-29	27:25.6	5:29/K	12:14.9
244	Rachel Wheeler	Mount holly NC	1053	24	F	20/43 20-24	27:25.9	5:29/K	9:28.9
245	Olivia Smallwood	Concord NC	1291	29	F	22/80 25-29	27:26.1	5:29/K	9:29.1
246	Nate Ringenberg	Charlotte NC	1108	27	M	42/58 25-29	27:28.5	5:30/K	12:17.8
247	Cindy Anderson	Huntersville NC	1189	45	F	5/19 45-49	27:34.8	5:31/K	9:37.8
248	Hannah Wheeler	Jonesborough TN	1074	26	F	23/80 25-29	27:35.9	5:31/K	9:38.8
249	Chris Goodson	Fort Mill SC	1102	35	M	22/45 35-39	27:38.0	5:32/K	12:27.2
250	Anne Goodson	Fort Mill SC	1101	34	F	9/36 30-34	27:38.2	5:32/K	9:41.2
251	Christina Adams	Charlotte NC	959	23	F	21/43 20-24	27:38.7	5:32/K	9:41.6
252	Matthew Anderson	Huntersville NC	1190	45	M	8/17 45-49	27:39.0	5:32/K	12:28.3
253	Joanna Hovis	Lincolnton NC	1255	25	F	24/80 25-29	27:40.2	5:32/K	9:43.1
254	Lauren Sapoch	Shelby NC	1268	26	F	25/80 25-29	27:41.2	5:32/K	9:44.2
255	Matt Hruslinski	Burlington NC	1157	33	M	33/65 30-34	27:41.5	5:32/K	12:30.8
256	James Chatigny	charlotte NC	1158	10	M	13/21 0-14	27:41.7	5:32/K	12:31.0
257	Brad Chatigny	Charlotte NC	1159	40	M	18/35 40-44	27:41.9	5:32/K	12:31.2
258	James Spicer	Charlotte NC	1082	41	M	19/35 40-44	27:50.5	5:34/K	12:39.8
259	Teri Haines	Charlotte NC	1177	37	F	7/31 35-39	27:51.7	5:34/K	9:54.7
260	Jeremiah Haines	Charlotte NC	1176	36	M	23/45 35-39	27:51.7	5:34/K	12:41.0
261	Melinda Vasconcellos	Waxhaw NC	1105	22	F	22/43 20-24	27:53.9	5:35/K	9:56.9
262	Nicholas Harrison	Charlotte NC	834	12	M	14/21 0-14	27:54.4	5:35/K	12:43.7
263	Clay Durham	Charlotte NC	1155	31	M	34/65 30-34	27:55.7	5:35/K	12:44.9
264	Jennifer Kelso	Charlotte NC	815	47	F	6/19 45-49	27:56.0	5:35/K	9:59.0
265	Alyson King	Charlotte NC	1275	21	F	23/43 20-24	27:56.4	5:35/K	9:59.3
266	Irene Puckett	Davidson NC	794	20	F	24/43 20-24	27:57.0	5:35/K	10:00.0
267	Tim Boone	Huntersville NC	990	44	M	20/35 40-44	27:57.2	5:35/K	12:46.4
268	Robert Moran	Concord NC	1295	29	M	43/58 25-29	27:58.9	5:36/K	12:48.1
269	Kate Milstead	Charlotte NC	888	28	F	26/80 25-29	28:00.5	5:36/K	10:03.5
270	rebecca shelton	charlotte NC	974	49	F	7/19 45-49	28:01.5	5:36/K	10:04.5
271	Kristin Moody	Charlotte NC	1230	25	F	27/80 25-29	28:02.1	5:36/K	10:05.1
272	Jill Newcomb	Cornelius NC	1174	29	F	28/80 25-29	28:09.4	5:38/K	10:12.4
273	Scott Perong	Monroe NC	1200	49	M	9/17 45-49	28:16.9	5:39/K	13:06.1
274	Kristen Munns	Charlotte NC	1320	28	F	29/80 25-29	28:17.5	5:39/K	10:20.5
275	Mila Pena	Charlotte NC	1067	27	F	30/80 25-29	28:18.7	5:40/K	10:21.6
276	Andrew Sincock	Huntersville NC	823	50	M	9/15 50-54	28:21.8	5:40/K	13:11.0
277	Sarah Helms	Huntersville NC	1118	26	F	31/80 25-29	28:24.7	5:41/K	10:27.7
278	Chad Allen	Charlotte NC	1133	26	M	44/58 25-29	28:26.5	5:41/K	13:15.7
279	Linda Griffin	Concord NC	1175	52	F	2/4 50-54	28:26.6	5:41/K	10:29.6
280	Laura Hernandez	Charlotte NC	1012	19	F	6/16 15-19	28:28.9	5:42/K	10:31.8
281	Joshua Banning	Charlotte NC	1198	32	M	35/65 30-34	28:30.6	5:42/K	13:19.8
282	Tony DiGiacomo	Charlotte NC	852	39	M	24/45 35-39	28:36.4	5:43/K	13:25.7

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283	Liz Smith	Cornelius NC	961	25	F	32/80 25-29	28:37.3	5:43/K	10:40.3
284	Kandace Kiosse	Boiling Springs SC	832	21	F	25/43 20-24	28:39.8	5:44/K	10:42.8
285	George Estep	Boiling Springs SC	833	23	M	17/26 20-24	28:39.8	5:44/K	13:29.1
286	Jeff Dunkel	Rock hill SC	1036	39	M	25/45 35-39	28:41.3	5:44/K	13:30.6
287	sharon van poole	matthews NC	1299	45	F	8/19 45-49	28:42.5	5:44/K	10:45.5
288	Pam Zoldowski	Pineville NC	828	47	F	9/19 45-49	28:44.4	5:45/K	10:47.4
289	Bill Woods	Dallas NC	976	43	M	21/35 40-44	28:46.1	5:45/K	13:35.3
290	John Caperna	Mooreville NC	1315	30	M	36/65 30-34	28:49.1	5:46/K	13:38.3
291	Joe Caperna	Carthage NC	1263	32	M	37/65 30-34	28:49.2	5:46/K	13:38.4
292	Jessica Jagacki	Mooreville NC	964	26	F	33/80 25-29	28:51.8	5:46/K	10:54.8
293	Brent Tingle	Charlotte NC	1128	42	M	22/35 40-44	28:52.3	5:46/K	13:41.5
294	Brayden Davis	Denver NC	945	11	M	15/21 0-14	28:53.1	5:47/K	13:42.3
295	Bethany Popov	Rock Hill SC	1312	36	F	8/31 35-39	28:54.0	5:47/K	10:57.0
296	Thomas Bush		1418	53	M	10/15 50-54	28:55.6	5:47/K	13:44.8
297	Albert White	Charlotte NC	1394	39	M	26/45 35-39	28:56.9	5:47/K	13:46.1
298	Amanda Rock	Charlotte NC	1120	16	F	7/16 15-19	28:57.8	5:47/K	11:00.8
299	Mark McMahan	Rutherfordton NC	884	45	M	10/17 45-49	29:05.7	5:49/K	13:54.9
300	Katie Moore	Concord NC	1303	19	F	8/16 15-19	29:05.7	5:49/K	11:08.7
301	John Ebbighausen	Raleigh NC	986	44	M	23/35 40-44	29:06.2	5:49/K	13:55.5
302	Whitney Levis	Charlotte NC	797	26	F	34/80 25-29	29:06.9	5:49/K	11:09.9
303	Stephen Grassel	Charlotte NC	1410	23	M	18/26 20-24	29:10.1	5:50/K	13:59.4
304	Daniel Grassel	Charlotte NC	1279	24	M	19/26 20-24	29:10.4	5:50/K	13:59.6
305	Adrien Savariego	Charlotte NC	984	33	M	38/65 30-34	29:11.7	5:50/K	14:00.9
306	Kasi Browning	Newton NC	1262	25	F	35/80 25-29	29:16.7	5:51/K	11:19.6
307	Mark Burns	Davidson NC	928	30	M	39/65 30-34	29:17.4	5:51/K	14:06.6
308	Mackenzie Light	Charlotte NC	825	28	F	36/80 25-29	29:18.0	5:52/K	11:21.0
309	jennifer radebaugh	lincolnton NC	1047	43	F	7/21 40-44	29:18.1	5:52/K	11:21.1
310	galen radebaugh	lincolnton NC	1048	49	M	11/17 45-49	29:18.8	5:52/K	14:08.0
311	Bradley Gallaher	Charlotte NC	824	32	M	40/65 30-34	29:19.0	5:52/K	14:08.3
312	Kally Kowalski	Matthews NC	960	53	F	3/4 50-54	29:21.1	5:52/K	11:24.1
313	Joel Dinkel	Charlotte NC	1096	33	M	41/65 30-34	29:21.7	5:52/K	14:10.9
314	william kowalski	matthews NC	882	60	M	5/7 55-99	29:21.9	5:52/K	14:11.2
315	Daciay Quenah	Charlotte NC	1192	26	F	37/80 25-29	29:22.4	5:52/K	11:25.3
316	Brandon Villalobos	Asheville NC	881	33	M	42/65 30-34	29:24.1	5:53/K	14:13.4
317	Emily McKee	Charlotte NC	809	19	F	9/16 15-19	29:26.7	5:53/K	11:29.6
318	Hannah Green	Inman SC	1235	27	F	38/80 25-29	29:28.0	5:54/K	11:30.9
319	Hannah Smith	Rock Hill SC	1046	25	F	39/80 25-29	29:28.7	5:54/K	11:31.7
320	Charley Trask	Pineville NC	1343	33	M	43/65 30-34	29:28.8	5:54/K	14:18.0
321	TJ Wyatt	Greenwood SC	1028	27	M	45/58 25-29	29:30.2	5:54/K	14:19.4
322	Mary Knight	Gastonia NC	1167	25	F	40/80 25-29	29:32.4	5:54/K	11:35.4
323	Betsy Shores	Cornelius NC	1342	34	F	10/36 30-34	29:32.7	5:54/K	11:35.7
324	Tommy Shores	Cornelius NC	1341	38	M	27/45 35-39	29:35.2	5:55/K	14:24.5
325	Jason Robinson	Charlotte NC	1073	36	M	28/45 35-39	29:38.5	5:56/K	14:27.7
326	James Klein	Fort Mill SC	1060	31	M	44/65 30-34	29:38.9	5:56/K	14:28.2
327	Dylan Willis	Charlotte NC	938	30	M	45/65 30-34	29:39.7	5:56/K	14:29.0
328	Jane McLaughlin	Huntersville NC	1083	23	F	26/43 20-24	29:45.3	5:57/K	11:48.3
329	Bryan Harbin	charlotte NC	1116	32	M	46/65 30-34	29:45.8	5:57/K	14:35.1

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330	John Pilkington	Belmont NC	992	33	M	47/65 30-34	29:48.4	5:58/K	14:37.7
331	Jaimee Marinke	Belmont NC	993	31	F	11/36 30-34	29:48.5	5:58/K	11:51.4
332	Jeffrey Harbin	charlotte NC	1115	60	M	6/7 55-99	29:51.5	5:58/K	14:40.7
333	Michael Peters	Moorestville NC	872	27	M	46/58 25-29	29:52.3	5:58/K	14:41.5
334	Mike Bifulco	Charlotte NC	1422	28	M	47/58 25-29	29:54.7	5:59/K	14:44.0
335	Graham Kines	Belmont NC	929	7	M	16/21 0-14	29:55.5	5:59/K	14:44.7
336	Jennifer Deleski	Charlotte NC	1237	37	F	9/31 35-39	29:55.6	5:59/K	11:58.6
337	Daniel Popov	Rock Hill SC	1313	36	M	29/45 35-39	30:01.1	6:00/K	14:50.3
338	Neill Hines	Charlotte NC	936	52	M	11/15 50-54	30:02.3	6:00/K	14:51.5
339	Julia Cantalupo	Charlotte NC	1415	16	F	10/16 15-19	30:03.8	6:01/K	12:06.8
340	Laura Clark	Charlotte NC	1258	38	F	10/31 35-39	30:04.5	6:01/K	12:07.5
341	Nathan Clark	Charlotte NC	1259	38	M	30/45 35-39	30:04.7	6:01/K	14:54.0
342	Ashley Lopez	Cramerton NC	796	21	F	27/43 20-24	30:09.9	6:02/K	12:12.9
343	alexandra cadwalader	GLADWYNE PA	818	28	F	41/80 25-29	30:11.6	6:02/K	12:14.6
344	Sarah Quigley	Haverford PA	816	29	F	42/80 25-29	30:11.8	6:02/K	12:14.8
345	Amanda Burmeister	Charlotte NC	1239	30	F	12/36 30-34	30:18.3	6:04/K	12:21.3
346	Gerard Freund	Charlotte NC	1240	37	M	31/45 35-39	30:19.8	6:04/K	15:09.0
347	Samantha Prinsen	Bluffton SC	981	30	F	13/36 30-34	30:22.0	6:04/K	12:24.9
348	Steven Jenkins	Prince Frederick MD	982	43	M	24/35 40-44	30:22.0	6:04/K	15:11.3
349	Chad McCall	Huntersville NC	1093	34	M	48/65 30-34	30:23.7	6:05/K	15:12.9
350	David Berglund	Charlotte NC	795	44	M	25/35 40-44	30:27.4	6:05/K	15:16.7
351	allison smith	charlotte NC	897	20	F	28/43 20-24	30:28.3	6:06/K	12:31.2
352	Jake Aschenbrenner	Charlotte NC	1348	16	M	12/13 15-19	30:29.0	6:06/K	15:18.3
353	Peggy Tate	Monroe NC	894	62	F	1/4 55-99	30:29.6	6:06/K	12:32.6
354	Adina Davis	Charlotte NC	1097	31	F	14/36 30-34	30:32.1	6:06/K	12:35.0
355	Samantha fulmer	Rock Hill SC	1019	24	F	29/43 20-24	30:32.1	6:06/K	12:35.1
356	Courtney Clark	Saint Helena Island	1013	22	F	30/43 20-24	30:32.2	6:06/K	12:35.1
357	Amanda Dees	Monroe NC	893	36	F	11/31 35-39	30:33.2	6:07/K	12:36.1
358	tyler williamson	gastonia NC	1005	25	M	48/58 25-29	30:38.3	6:08/K	15:27.6
359	Travis Smith	Denver NC	1145	36	M	32/45 35-39	30:40.0	6:08/K	15:29.3
360	Julie Tambussi	Charlotte NC	814	32	F	15/36 30-34	30:42.7	6:08/K	12:45.7
361	Kristin Kunse	Lake Wylie SC	1064	16	F	11/16 15-19	30:46.8	6:09/K	12:49.8
362	Alyssa Drye	Charlotte NC	1150	36	F	12/31 35-39	30:47.5	6:09/K	12:50.5
363	Michael Winningham	Mount Holly NC	1169	52	M	12/15 50-54	30:47.5	6:09/K	15:36.8
364	Whitney Hill	Charlotte NC	899	27	F	43/80 25-29	30:47.6	6:09/K	12:50.5
365	Emily McRee	CORNELIUS NC	1015	40	F	8/21 40-44	30:47.7	6:09/K	12:50.7
366	Chris Drye	Charlotte NC	1151	37	M	33/45 35-39	30:47.7	6:09/K	15:37.0
367	Mary Hamrick	Beaufort NC	948	66	F	2/4 55-99	30:47.8	6:09/K	12:50.8
368	Rebecca Trent	stanley NC	1168	36	F	13/31 35-39	30:50.8	6:10/K	12:53.8
369	Ashley Ivey	Charlotte NC	1030	26	F	44/80 25-29	30:51.9	6:10/K	12:54.8
370	Shawn Smith	Gastonia NC	1144	37	M	34/45 35-39	30:52.7	6:10/K	15:42.0
371	Jennifer Peattie	Charlotte NC	1297	38	F	14/31 35-39	30:54.3	6:11/K	12:57.3
372	Josh Kelley	Charlotte NC	1142	39	M	35/45 35-39	30:54.5	6:11/K	15:43.7
373	Tom Smith	Fort Mill SC	1042	33	M	49/65 30-34	30:55.9	6:11/K	15:45.1
374	Lauren Smith	Fort Mill SC	1043	32	F	16/36 30-34	30:56.2	6:11/K	12:59.1
375	Henry Spruill	Rock Hill SC	1040	24	M	20/26 20-24	30:56.5	6:11/K	15:45.7
376	Christina LuDack	DENVER NC	1321	26	F	45/80 25-29	30:56.6	6:11/K	12:59.5

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377	Lawren Whitehead	Charlotte NC	1270	23	M	21/26 20-24	30:58.1	6:12/K	15:47.3
378	Janice Cross	Huntersville NC	1033	32	F	17/36 30-34	30:59.5	6:12/K	13:02.4
379	Katherine Carlson	Huntersville NC	975	24	F	31/43 20-24	31:00.7	6:12/K	13:03.6
380	kathleen moran	charlotte NC	1059	49	F	10/19 45-49	31:02.7	6:12/K	13:05.7
381	Jennifer McCall	Huntersville NC	1092	33	F	18/36 30-34	31:05.9	6:13/K	13:08.9
382	Su Kelley	Charlotte NC	1143	39	F	15/31 35-39	31:08.0	6:14/K	13:11.0
383	Angela Cherkis	Shelby NC	1274	41	F	9/21 40-44	31:09.5	6:14/K	13:12.5
384	Bethanie Johnson	Charlotte NC	1075	45	F	11/19 45-49	31:10.9	6:14/K	13:13.8
385	Josh Price	Charlotte NC	944	22	M	22/26 20-24	31:10.9	6:14/K	16:00.2
386	Alexis Mcghee	Charlotte NC	943	22	F	32/43 20-24	31:11.3	6:14/K	13:14.3
387	Owen Conley	Concord NC	867	16	F	12/16 15-19	31:11.5	6:14/K	13:14.4
388	Christian Balsler	Charlotte NC	1244	26	M	49/58 25-29	31:12.4	6:14/K	16:01.6
389	Luther Cruikshanks	Gastonia NC	999	24	M	23/26 20-24	31:12.7	6:14/K	16:01.9
390	Makaria Stanley	Charlotte NC	1001	27	F	46/80 25-29	31:13.0	6:15/K	13:16.0
391	Amanda Britten	Charlotte NC	1000	30	F	19/36 30-34	31:13.1	6:15/K	13:16.0
392	Katie Reed	Gastonia NC	1016	36	F	16/31 35-39	31:14.0	6:15/K	13:16.9
393	Merritt Lance	Huntersville NC	890	25	F	47/80 25-29	31:14.6	6:15/K	13:17.6
394	Dawn Davis	Denver NC	946	38	F	17/31 35-39	31:15.4	6:15/K	13:18.4
395	Robert Charles	Charlotte NC	1357	44	M	26/35 40-44	31:15.8	6:15/K	16:05.0
396	Will Teague	Carrboro NC	889	27	M	50/58 25-29	31:17.3	6:15/K	16:06.6
397	Amanda Childers	Charlotte NC	1360	25	F	48/80 25-29	31:18.1	6:16/K	13:21.1
398	Alexa Cameron	Charlotte NC	1125	32	F	20/36 30-34	31:19.1	6:16/K	13:22.1
399	Justin Leonard	Charlotte NC	1124	33	M	50/65 30-34	31:19.3	6:16/K	16:08.5
400	justin hoffman	monroe NC	1238	32	M	51/65 30-34	31:19.3	6:16/K	16:08.6
401	Jessica Parker	Charlotte NC	910	26	F	49/80 25-29	31:20.2	6:16/K	13:23.2
402	Jodi Zieverink	York SC	1089	45	F	12/19 45-49	31:20.7	6:16/K	13:23.6
403	Regan Zieverink	York SC	1088	11	F	5/16 0-14	31:20.7	6:16/K	13:23.7
404	Delaney Zieverink	York SC	1087	14	F	6/16 0-14	31:21.1	6:16/K	13:24.0
405	Mariann Freund	Charlotte NC	1241	30	F	21/36 30-34	31:22.0	6:16/K	13:25.0
406	Benjamin Grey	Iron Station NC	840	12	M	17/21 0-14	31:24.0	6:17/K	16:13.3
407	Bryan Ramsey	Charlotte NC	983	33	M	52/65 30-34	31:25.6	6:17/K	16:14.8
408	Thomas Grey	Iron Station NC	841	43	M	27/35 40-44	31:25.6	6:17/K	16:14.8
409	Ryan Zalewa	Huntersville NC	1123	15	M	13/13 15-19	31:26.7	6:17/K	16:16.0
410	Henry Jonas	Charlotte NC	842	12	M	18/21 0-14	31:29.8	6:18/K	16:19.0
411	Donald Jonas	Charlotte NC	843	47	M	12/17 45-49	31:30.5	6:18/K	16:19.7
412	Amy Abbott	Charlotte NC	1072	39	F	18/31 35-39	31:33.0	6:19/K	13:35.9
413	William Sechrist	Daniel Island SC	919	35	M	36/45 35-39	31:33.7	6:19/K	16:22.9
414	Allison Schaefer	Mooresville NC	925	20	F	33/43 20-24	31:34.2	6:19/K	13:37.2
415	Myra Pachter	Belmont NC	1363	44	F	10/21 40-44	31:36.3	6:19/K	13:39.2
416	McKenna Collins	Matthews NC	1324	26	F	50/80 25-29	31:40.2	6:20/K	13:43.2
417	Blake Helms	Huntersville NC	1117	27	M	51/58 25-29	31:43.6	6:21/K	16:32.9
418	Eleanor Wasserman	Charlotte NC	1146	27	F	51/80 25-29	31:46.4	6:21/K	13:49.4
419	Hannah Gore	Charlotte NC	1147	25	F	52/80 25-29	31:47.6	6:21/K	13:50.5
420	Alex Pachter	Belmont NC	1364	44	M	28/35 40-44	31:48.7	6:22/K	16:38.0
421	Ronald Burrow	Clayton NC	1243	41	M	29/35 40-44	31:50.0	6:22/K	16:39.3
422	Tim Van Haren	Charlotte NC	1300	34	M	53/65 30-34	31:50.6	6:22/K	16:39.9
423	Cristina Moore	Concord NC	1305	41	F	11/21 40-44	31:50.7	6:22/K	13:53.7

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424	Robert Moore	Concord NC	1304	46	M	13/17 45-49	31:51.2	6:22/K	16:40.4
425	Veronica Beltran	Hope Mills NC	1242	48	F	13/19 45-49	31:51.2	6:22/K	13:54.2
426	Tabetha Nail	Lowell NC	1308	39	F	19/31 35-39	31:51.5	6:22/K	13:54.5
427	Helen Ham	Lake Wylie SC	1233	33	F	22/36 30-34	31:51.7	6:22/K	13:54.6
428	Tiffany Greene	Greensboro NC	1385	28	F	53/80 25-29	31:51.8	6:22/K	13:54.8
429	Kathryn Brown	Charlotte NC	1051	20	F	34/43 20-24	31:52.0	6:22/K	13:54.9
430	Matthew Lopez	Archdale NC	1327	22	M	24/26 20-24	31:52.1	6:22/K	16:41.3
431	Eva Langley	Charlotte NC	1095	34	F	23/36 30-34	31:52.4	6:22/K	13:55.4
432	Walker Langley	Charlotte NC	1094	35	M	37/45 35-39	31:52.7	6:22/K	16:41.9
433	Kristi Bratton	Huntersville NC	1319	29	F	54/80 25-29	31:52.9	6:22/K	13:55.9
434	Richard Coffee	HUNTERSVILLE NC	1069	45	M	14/17 45-49	31:56.5	6:23/K	16:45.7
435	craig davis	Hickory NC	1111	30	M	54/65 30-34	32:00.8	6:24/K	16:50.0
436	Steve Kunse	Lake Wylie SC	1065	54	M	13/15 50-54	32:02.4	6:24/K	16:51.7
437	Whitney Garren	Charlotte NC	1062	36	F	20/31 35-39	32:02.6	6:24/K	14:05.5
438	Sara Schmidt	Charlotte NC	847	23	F	35/43 20-24	32:03.3	6:25/K	14:06.3
439	Christopher Macmurdo	Charlotte NC	880	34	M	55/65 30-34	32:05.9	6:25/K	16:55.1
440	Angela Pope	KERNERSVILLE NC	971	32	F	24/36 30-34	32:07.3	6:25/K	14:10.3
441	Sara Kaloudis	Charlotte NC	838	24	F	36/43 20-24	32:10.3	6:26/K	14:13.2
442	Elise Pentz	Horsham PA	1307	29	F	55/80 25-29	32:11.1	6:26/K	14:14.1
443	Lisa Foil	Charlotte NC	904	51	F	4/4 50-54	32:13.1	6:27/K	14:16.0
444	Brandy Clark	Mount Ulla NC	1038	35	F	21/31 35-39	32:15.2	6:27/K	14:18.1
445	David Gutierrez	Mt Ulla NC	1037	35	M	38/45 35-39	32:15.2	6:27/K	17:04.5
446	Heather Riehl	Charlotte NC	1352	35	F	22/31 35-39	32:16.3	6:27/K	14:19.3
447	Debra Dandro	Charlotte NC	1396	43	F	12/21 40-44	32:18.0	6:28/K	14:21.0
448	Neal Miller	Charlotte NC	903	58	M	7/7 55-99	32:18.4	6:28/K	17:07.6
449	Stephanie Wighton	Waxhaw NC	920	30	F	25/36 30-34	32:20.6	6:28/K	14:23.6
450	Zoe Spicer	Charlotte NC	1080	11	F	7/16 0-14	32:22.1	6:28/K	14:25.1
451	Kimberly Henderson	Waxhaw NC	921	33	F	26/36 30-34	32:22.9	6:28/K	14:25.9
452	Gunner Moore	rock hill SC	940	44	M	30/35 40-44	32:42.6	6:32/K	17:31.9
453	Branden Bailey	Charlotte NC	908	31	M	56/65 30-34	32:45.5	6:33/K	17:34.7
454	Josh Kitchen	Charlotte NC	1389	31	M	57/65 30-34	32:46.4	6:33/K	17:35.7
455	Chris Harden	Charlotte NC	1185	26	M	52/58 25-29	32:48.4	6:34/K	17:37.6
456	Natalie Hoffert	Charlotte NC	1395	27	F	56/80 25-29	32:49.1	6:34/K	14:52.1
457	Erica Rutledge	Charlotte NC	1345	28	F	57/80 25-29	32:49.2	6:34/K	14:52.2
458	Michael Sharpe	charlotte NC	1344	35	M	39/45 35-39	32:49.5	6:34/K	17:38.7
459	Marie Davis	Matthews NC	845	25	F	58/80 25-29	32:50.1	6:34/K	14:53.0
460	Sarah Peterson	Charlotte NC	1006	27	F	59/80 25-29	32:50.4	6:34/K	14:53.4
461	Alissa Shannon	Charlotte NC	822	27	F	60/80 25-29	32:50.5	6:34/K	14:53.5
462	Chuck Maddox	Indian Trail NC	1412	54	M	14/15 50-54	32:53.0	6:35/K	17:42.3
463	Sarah Douglass	Charlotte NC	934	36	F	23/31 35-39	33:03.4	6:37/K	15:06.4
464	Jessica Delaura	Concord NC	1196	32	F	27/36 30-34	33:09.1	6:38/K	15:12.1
465	Jennessa Vullo	Charlotte NC	853	30	F	28/36 30-34	33:13.8	6:39/K	15:16.7
466	Spencer Shell	Charlotte NC	987	25	M	53/58 25-29	33:16.6	6:39/K	18:05.8
467	Casey Woodie	Charlotte NC	1193	23	F	37/43 20-24	33:17.5	6:39/K	15:20.4
468	Nicole valcourt	GASTONIA NC	791	22	F	38/43 20-24	33:19.8	6:40/K	15:22.8
469	Kayla Schoenow	Charlotte NC	804	26	F	61/80 25-29	33:20.0	6:40/K	15:22.9
470	Novalea Hammond	Charlotte NC	1002	14	F	8/16 0-14	33:23.1	6:41/K	15:26.0

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471	Austin Lawrence	Concord NC	962	13	M	19/21 0-14	33:29.9	6:42/K	18:19.1
472	Kennedy Poppler	Harrisburg NC	1026	14	F	9/16 0-14	33:30.1	6:42/K	15:33.1
473	Jordan Mcelmurry	Charlotte NC	1309	31	M	58/65 30-34	33:37.1	6:43/K	18:26.3
474	Joshua Lucas	Asheboro NC	1068	23	M	25/26 20-24	33:45.3	6:45/K	18:34.5
475	Cameron Landreth	Charlotte NC	1152	31	M	59/65 30-34	33:47.1	6:45/K	18:36.3
476	karmen vizcaino	charlotte NC	1058	15	F	13/16 15-19	33:47.2	6:45/K	15:50.1
477	Barrett Poppler	Harrisburg NC	1027	45	M	15/17 45-49	33:49.2	6:46/K	18:38.4
478	Christopher Wilson	Matthews NC	1218	25	M	54/58 25-29	33:57.9	6:47/K	18:47.1
479	Travls Hall	Charlotte NC	1091	25	M	55/58 25-29	33:58.5	6:48/K	18:47.8
480	Kristi Watanabe	Charlotte NC	1359	20	F	39/43 20-24	33:59.4	6:48/K	16:02.4
481	Ryan Cormack	Charlotte NC	1010	26	M	56/58 25-29	34:16.9	6:51/K	19:06.1
482	Jesska Daugherty	Summerville SC	1122	28	F	62/80 25-29	34:22.5	6:52/K	16:25.5
483	Marisa Satterfield	Charlotte NC	896	26	F	63/80 25-29	34:29.5	6:54/K	16:32.5
484	Craig Zalewa	Huntersville NC	1153	42	M	31/35 40-44	34:38.4	6:56/K	19:27.7
485	Jordan Kelley	Charlotte NC	1358	21	F	40/43 20-24	34:43.1	6:57/K	16:46.1
486	Jacob Hall	Charlotte NC	836	10	M	20/21 0-14	34:45.5	6:57/K	19:34.8
487	Eldad Malka	charlotte NC	1206	35	M	40/45 35-39	34:46.9	6:57/K	19:36.2
488	William Ortiz	Linwood NC	1025	31	M	60/65 30-34	34:54.9	6:59/K	19:44.1
489	Christian Ormond	Mooresville NC	871	44	M	32/35 40-44	34:57.3	6:59/K	19:46.6
490	Emily Ormond	Mooresville NC	870	12	F	10/16 0-14	34:57.6	6:59/K	17:00.6
491	Amelia Patsy	Durham NC	1381	26	F	64/80 25-29	35:01.6	7:00/K	17:04.6
492	Meghan Hader	Charlotte NC	1023	29	F	65/80 25-29	35:01.7	7:00/K	17:04.7
493	Tony Wilkinson	Huntersville NC	839	40	M	33/35 40-44	35:09.5	7:02/K	19:58.8
494	Suzanne Hunnicutt	Belmont NC	907	40	F	13/21 40-44	35:12.2	7:02/K	17:15.2
495	Jodi Kines	Belmont NC	1294	36	F	24/31 35-39	35:12.3	7:02/K	17:15.3
496	Kathryn Eaker	Belmont NC	1267	37	F	25/31 35-39	35:12.4	7:02/K	17:15.4
497	Jennifer Burriss	Monroe NC	1112	41	F	14/21 40-44	35:14.7	7:03/K	17:17.7
498	Carleigh Irvine	Greenwood SC	1029	28	F	66/80 25-29	35:15.8	7:03/K	17:18.8
499	Heather Hammond	Charlotte NC	1003	34	F	29/36 30-34	35:24.9	7:05/K	17:27.9
500	Shawn Robinson	Matthews NC	1251	36	M	41/45 35-39	35:27.9	7:05/K	20:17.1
501	Kelly Miller	GREENSBORO NC	1376	44	F	15/21 40-44	35:34.6	7:07/K	17:37.6
502	Ruth LaRoche	Charlotte NC	950	36	F	26/31 35-39	35:34.7	7:07/K	17:37.7
503	Christy Heafner	Dallas NC	1181	41	F	16/21 40-44	35:40.5	7:08/K	17:43.5
504	Keith Pope	Kernersville NC	1356	48	M	16/17 45-49	35:47.4	7:09/K	20:36.6
505	Jim Neault	Huntersville NC	1045	51	M	15/15 50-54	35:48.2	7:10/K	20:37.5
506	Joseph Coyazo	Huntersville NC	995	30	M	61/65 30-34	35:49.3	7:10/K	20:38.6
507	Natalie Dunn	Gastonia NC	1119	26	F	67/80 25-29	36:19.3	7:16/K	18:22.2
508	Terese Milczewski	Clover SC	1229	45	F	14/19 45-49	36:19.3	7:16/K	18:22.3
509	Morgan Lombardo	Sharon SC	1225	43	F	17/21 40-44	36:19.4	7:16/K	18:22.3
510	Tiffany Lombardo	Sharon SC	1224	18	F	14/16 15-19	36:19.6	7:16/K	18:22.6
511	Casey Nason	Rock Hill SC	801	25	F	68/80 25-29	36:27.7	7:17/K	18:30.7
512	Isabella Hassay	Huntersville NC	1103	10	F	11/16 0-14	36:33.4	7:19/K	18:36.3
513	Ron Hassay	Huntersville NC	1104	37	M	42/45 35-39	36:33.4	7:19/K	21:22.6
514	Natasha Carter	Mooresville NC	1160	30	F	30/36 30-34	36:33.6	7:19/K	18:36.6
515	Claudette Thompson	Charlotte NC	1388	41	F	18/21 40-44	36:48.7	7:22/K	18:51.7
516	Jane Hader	Charlotte NC	1022	64	F	3/4 55-99	36:53.1	7:23/K	18:56.1
517	Jessica Dunlap	Charlotte NC	1361	29	F	69/80 25-29	36:57.0	7:23/K	19:00.0

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518	Rhonda Wilkinson	Huntersville NC	1350	32	F	31/36 30-34	37:06.0	7:25/K	19:08.9
519	Kelly Dubs	Charlotte NC	1252	37	F	27/31 35-39	37:13.1	7:27/K	19:16.1
520	Rashmitha Matta	Charlotte NC	827	28	F	70/80 25-29	37:32.4	7:30/K	19:35.3
521	Adam Knowlan	Charlotte NC	826	30	M	62/65 30-34	37:32.4	7:30/K	22:21.7
522	Mary Drake	indian trail NC	1346	43	F	19/21 40-44	38:19.3	7:40/K	20:22.2
523	Brian Drake	Indian Trail NC	1347	43	M	34/35 40-44	38:20.4	7:40/K	23:09.6
524	Tim Mackey	Kannapolis NC	1390	35	M	43/45 35-39	38:21.5	7:40/K	23:10.8
525	Thomas Phillips	CHARLOTTE NC	918	30	M	63/65 30-34	38:21.8	7:40/K	23:11.0
526	Traci Muratore	Indian Trail NC	886	24	F	41/43 20-24	38:27.3	7:41/K	20:30.3
527	Will Harbin	Belmont NC	887	25	M	57/58 25-29	38:27.4	7:41/K	23:16.6
528	Sonja Rock	Charlotte NC	1121	48	F	15/19 45-49	38:38.2	7:44/K	20:41.1
529	Michele Miranda	Concord NC	1148	37	F	28/31 35-39	38:38.4	7:44/K	20:41.4
530	Michael Abbott	Charlotte NC	1070	11	M	21/21 0-14	38:43.7	7:45/K	23:33.0
531	ANDREA PELLETIER	CHARLOTTE NC	967	31	F	32/36 30-34	39:38.4	7:56/K	21:41.4
532	Pat Andrews	Charlotte NC	1246	67	F	4/4 55-99	40:03.3	8:01/K	22:06.3
533	Danny Sullivan	Huntersville NC	1232	32	M	64/65 30-34	40:10.2	8:02/K	24:59.5
534	Amy Sullivan	13522 Merry Chase	1231	31	F	33/36 30-34	40:12.0	8:02/K	22:15.0
535	Chad Rowland	Liberty SC	1266	42	M	35/35 40-44	40:35.2	8:07/K	25:24.4
536	Colleen Butler	Indian Trail NC	906	27	F	71/80 25-29	41:08.5	8:14/K	23:11.4
537	Cheli Walter	Monroe NC	923	39	F	29/31 35-39	41:08.7	8:14/K	23:11.7
538	Heather Cooper	Huntersville NC	1333	38	F	30/31 35-39	41:28.1	8:18/K	23:31.0
539	Jim Razzante	Charlotte NC	1187	24	M	26/26 20-24	41:47.5	8:21/K	26:36.7
540	Alanna Brallier	Gastonia NC	1188	23	F	42/43 20-24	41:48.0	8:22/K	23:51.0
541	Richard England	Charlotte NC	1114	36	M	44/45 35-39	41:50.0	8:22/K	26:39.3
542	Aurora England	Charlotte NC	1113	8	F	12/16 0-14	41:51.4	8:22/K	23:54.4
543	Lori Repass	Mooresville NC	1334	49	F	16/19 45-49	41:51.5	8:22/K	23:54.4
544	Tonya Wilson	Charlotte NC	859	43	F	20/21 40-44	41:52.7	8:22/K	23:55.7
545	Kari Bailey	Greenville SC	1288	45	F	17/19 45-49	41:54.7	8:23/K	23:57.7
546	Allison Andrews	Black Mountain NC	1247	36	F	31/31 35-39	41:56.2	8:23/K	23:59.2
547	ashley metts	gastonia NC	965	27	F	72/80 25-29	41:57.7	8:23/K	24:00.7
548	jessica womble	Gastonia NC	966	26	F	73/80 25-29	41:57.9	8:23/K	24:00.9
549	Alanna Dronsky	concord NC	1311	17	F	15/16 15-19	42:36.8	8:31/K	24:39.8
550	Veronica Doyle	Concord NC	1154	30	F	34/36 30-34	43:02.7	8:36/K	25:05.7
551	Abby Martin	Walkertown NC	1355	14	F	13/16 0-14	43:22.1	8:40/K	25:25.1
552	Renne Martin	Walkertown NC	1354	45	F	18/19 45-49	43:30.1	8:42/K	25:33.1
553	KATE MILLER	GREENSBORO NC	1378	11	F	14/16 0-14	43:51.3	8:46/K	25:54.3
554	Kaylan Dronsky	concord NC	1228	12	F	15/16 0-14	43:53.7	8:47/K	25:56.7
555	Celia Olson	Matthews NC	1325	27	F	74/80 25-29	43:57.4	8:47/K	26:00.4
556	CAROLINE MILLER	GREENSBORO NC	1379	8	F	16/16 0-14	44:04.1	8:49/K	26:07.1
557	Delee Marciano	Charlotte NC	1171	30	F	35/36 30-34	44:42.2	8:56/K	26:45.1
558	pamela hall	mt. holly NC	1170	49	F	19/19 45-49	44:42.2	8:56/K	26:45.2
559	Rj Ball	Gastonia NC	958	29	M	58/58 25-29	45:21.9	9:04/K	30:11.1
560	Matthew Hall	mount holly NC	1221	32	M	65/65 30-34	45:24.1	9:05/K	30:13.4
561	Matt Woods	Mount holly NC	1220	35	M	45/45 35-39	45:24.9	9:05/K	30:14.2
562	Rebecka Nyiri	Cary NC	1370	32	F	36/36 30-34	47:09.6	9:26/K	29:12.6
563	Cami Wilson	Lincolnton NC	1369	29	F	75/80 25-29	47:09.7	9:26/K	29:12.6
564	Sammie Baltes	Asheboro NC	829	26	F	76/80 25-29	47:18.9	9:28/K	29:21.8

Frigid 5K

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
565	Alyssa Murkin	Asheboro NC	830	22	F	43/43 20-24	47:19.7	9:28/K	29:22.7
566	Alexandra Clark	Charlotte NC	1086	26	F	77/80 25-29	48:20.9	9:40/K	30:23.9
567	Eric Wilson	Charlotte NC	858	46	M	17/17 45-49	48:40.7	9:44/K	33:29.9
568	Holley Maddox	Indian Trail NC	1249	19	F	16/16 15-19	48:53.7	9:47/K	30:56.6
569	LeAnn reynolds	charlotte NC	1296	25	F	78/80 25-29	49:12.7	9:50/K	31:15.7
570	Kendall Biggerstaff	Charlotte NC	1287	27	F	79/80 25-29	52:51.7	10:34/K	34:54.7
571	Alison Dominguez	charlotte NC	953	41	F	21/21 40-44	57:03.9	11:25/K	39:06.8
572	Christine Mager	Lake Wylie SC	1216	27	F	80/80 25-29	1:02:47.0	12:33/K	44:49.9